



First District Training Schedule January 2025

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 Advocate Trainer Bonner & Boundary Trainer: Jessie Sheldon Jessie@NorthIdahoCasa.org

CASA Facilitated				
Date/Time	Topic	Description	Access	Notes
Thursday, Jan 9 th @ 10:00am-11:00	How Beliefs and Identity Can Transform You	Jules Cosby, Kroc Center -Community Outreach and Education Specialist will teach this class...We've all made New Year's resolutions aimed at improving our health and well-being, only to see them falter despite our best intentions and plans. This Wellness Workshop delves into your current core beliefs and identity, exploring how they might evolve to help you turn your desired changes into reality.	Register Directly with the Kroc Center If you are not a member, it is a quick registration, scroll to The Well on the left-hand side Register for Classes At The Kroc Center- Community Wing	
Thursday, Jan 9 th @ 9:00am-12:00	Cost of Poverty: Poverty Simulator	Community Action Partnership is presenting this informative class. The simulation is designed to give a hands-on understanding of challenges that arise from insufficient resources.	Register Directly Poverty Simulation - Community Action Partnership Survey 1470 W Hanley Ave, CDA	
Wednesday, Jan 15 th @ 5:30pm-7:00 Movie Night	"They have names"	There are over 15,000 children in Arizona's foster care system, but who are they? "They Have Names" follows five people and their families over a year as they navigate Arizona's child welfare system. Why do kids end up in the system? How are their cases managed? What happens when the kids grow up? These five individuals pose tough questions, and find the answers aren't always satisfying.	CDA Office Movie Snacks!	
Tuesday, January 21 st @ 12:00pm-2:00	Supervisor Lunch and Roundtable	Join us for the first CASE TALK roundtable of 2025. Any new information will be shared, you can ask questions, brainstorm about an issue you are having, and we love to celebrate great outcomes! Remember you are not alone in your cases, and we are all here to support one another-	CDA Office Please RSVP to Kim@NorthIdahoCASA.org , a light lunch will be served	

<p>Tuesday, January 28th @ 5:30pm-6:30</p>	<p>Pete Hall: Session 2</p> <p>Relationships and a positive, safe setting</p>	<p>Join us for Pete's 2nd session. A deep discussion about the elements and practices that foster resilience within a Culture of Safety. How do we build a safe, predictable, consistent, positive environment? What does that look like in the home? During a visit? In a meeting?</p> <p>Reach out to me for the zoom recording of Session 1</p>	<p>CDA Office or Zoom</p> <p>Join Zoom Meeting https://zoom.us/j/99673320911?pwd=qyfgKhnRbOTEaMU9kFpSn6NgddbGhe.1</p> <p>Meeting ID: 996 7332 0911 Passcode: 713534</p> <p>Please RSVP to Kim@NorthIdahoCASA.org if joining us at the office</p>	
<p>Wednesday, January 29th @ 10:30am-12:00</p> <p>Field Trip</p>	<p>Community Resource Envision Center in Ponderay</p>	<p>Katie Bedalke, Executive Director will be giving us a tour, showing us the departments and explaining what they do.</p> <p><i>"Empowering the community through connection, service, and support."</i></p>	<p>Meet at:</p> <p>130 McGhee Rd Suite 220 Sandpoint, ID 83864</p>	
<p>Wednesday, January 29 @ 1:00pm-2:30</p>	<p>NARCAN/NALOXNE TRAINING</p> <p>Narcan is available for you to take</p>	<p>Lisa Sandborgh with Panhandle Health will be here to train us on how to use Narcan/Naloxone. She was in the CDA in November and is extremely informative!</p>	<p>Sandpoint Office or zoom</p> <p>https://us02web.zoom.us/j/4652100994 Meeting ID: 465 210 0994</p>	

Externally Facilitated (Independent Study)				
Date/Time	Topic	Description	Access	Notes
<p>Wednesday, January 8th @ 9:00am</p>	<p>Understanding Trauma and Trauma- Related Disorders</p>	<p>Matthew A. Robinson, PhD, provides an overview of PTSD, DID, and other trauma-related disorders, debunks common myths about these conditions, and covers the evidence-based treatment methods to ensure that people are able to manage their symptoms and live rewarding lives.</p>	<p>Register here:</p> <p>Understanding Trauma and Trauma-Related Disorders at McLean Hospital</p>	