Advocating for the Youth of our Community
Benewah | Bonner | Boundary | Kootenai | Shoshone

First District Training Schedule
September 2026

Date/Time	Topic	Description	Access
Monday, Sept 14th@ 12:00-2:00pm	***SUPERVISOR ROUNDTABLE & LUNCH***	Join us for the 3rd Quarter roundtable to celebrate any great case news you may have and help talk through any issues you may be experiencing.	**Coeur d'Alene CASA office** Please RSVP to Kim@NorthIdahoCASA.org by Friday, September 11th.
Saturday, Sept 26th@ 10:30-12:00	***Resilience Writing Workshop***	***Writing Through the Wisdom of Trees - A Mindful Walk Through McEuen Park*** Get unstuck from (almost) anything through a resilience-building writing practice. This flexible, participant-directed space meets you where you are. The pen holds more than ink — it becomes a tool of courage, clarity, and a zestful life. With guided prompts, you'll find words that heal, uplift, motivate, and inspire	Coeur d'Alene Public Library 702 Front St Nelson room (202)

Externally Facilitated (Independent Study)				
Date/Time	Topic	Description	Access	Notes
On demand (1.25 hours)	***Kratom, Kava, and Youth well-being***	Presented by CASA Yellowstone County. The webinar will highlight what kratom is and public health concerns. They will also discuss kava, often marketed as a drinking alternative, including its risks and current legal issues. The session will emphasize why neither substance is safe for youth and offer guidance on how to talk with kids about kratom and kava to support prevention and community safety.	https://youtu.be/-HuRRIfWSgo?si=lNoyASK3JRNt5eF8	
On demand (1.5 hours)	***ALL RISE: For the Good of the Children***	This documentary takes you inside the courtroom of an unconventional Judge in East Texas who takes a Trust-Based Trauma-Informed approach to healing broken families in the child welfare system. Two families share how their lives have been transformed through the support and interventions offered by Judge Carole Clark and a team of lawyers, mental health professionals, and child Advocates.	Watch the Film - ALL RISE	
Tuesday, Sept 29th@ 10:00am	***The Brain We're Building: How Screens, Substances & Stress Shape Youth Wellbeing***	Have you ever wondered why a child reacts the way they do, takes risks, or seems to experience emotions so intensely? The answer may lie in the incredible changes happening inside the adolescent brain. Explore how the developing brain is shaped by experiences such as stress, self-talk, social media, emotions, and substance use. You will gain a deeper understanding of neuroplasticity and learn practical ways to help young people build resilience, develop healthy coping skills, and strengthen their overall wellbeing during these critical years of growth.	Form www.OperationParent.org *If this time does not work for you, register, and you will receive a recording	
Tuesday, Sept 29th @ 10:00am	***Invisible Wounds, Lasting Impact Supporting Parents and Children impacted by Domestic Violence, Brain Injury & Trauma***	Brain injury and trauma from domestic violence are often hidden, yet they can have a profound impact on the well-being of both parents and children. This webinar explores how head, neck, and facial trauma, along with strangulation injuries, affect survivors' daily functioning, parenting, relationships, and ability to navigate complex systems. and offer practical strategies to support both child and adult survivors more effectively.	Invisible Wounds, Lasting Impact: Supporting Parents and Children Impacted by Domestic Violence, Brain Injury, and Trauma – Justice Clearinghouse	