



# First District Training Schedule November 2023

Advocate/Peer Mentor Trainer: **Jessica Cagle** – [jessica@northidahocasa.org](mailto:jessica@northidahocasa.org)

## CASA Facilitated

Data/Time	Topic	Description	Access	Notes
<b>Friday, November 3<sup>rd</sup> @ 12-2pm</b>	<b>Youth Mental Health-</b> Jill Hicks, LCPC Clinical Director at Bonner Behavioral Health.	With extensive training in trauma, abuse, and sexual abuse: specifically, she is an EMDR level II registered therapist and consultant, Trauma Focused CBT specialist, and Integrative Therapy specialist (Parent/Child dyad work). Jill has experience with clients who have PTSD, Generalized Anxiety, Depression, and Attention Deficit Hyperactivity Disorder and Children and families with Attachment needs	<b>CDA CASA Office -In Person ONLY</b>	RSVP <a href="mailto:jessica@northidahocasa.org">jessica@northidahocasa.org</a>
<b>Wednesday, November 8<sup>th</sup> @ 12-2:30pm</b>	Darkness 2 Light's <b>NEW</b> Stewards of Children	<b>NEW Program</b> Darkness to Light's flagship, evidence-informed prevention training to help adults prevent, recognize, and react responsibly to child sexual abuse. The training is 2.5 hours and features survivor stories, experts in the field, and other concerned individuals all providing practical guidance to prevent child sexual abuse.	<b>Sandpoint CASA Office-In Person ONLY</b>	RSVP required <a href="mailto:jessica@northidahocasa.org">jessica@northidahocasa.org</a>
<b>Wednesday, November 29<sup>th</sup> @ 5:30-7pm</b>	Holiday Preparation- Managing Stress & Anxiety for Children in Care	The Holiday season can be full of stress for many families and that stress can be exacerbated by involvement with the child welfare system. Each family has their own approach to the holidays and children in care may be in foreign environments and exposed to different stressors during this time. We will discuss how to approach these circumstances with awareness and empathy to help make this as comfortable as possible for our children and families.	<b>Zoom ONLY</b>  <a href="https://us02web.zoom.us/j/87679869782?pwd=b3EveTJTUIFuR3hJTXlVMkxCeGtPZz09">https://us02web.zoom.us/j/87679869782?pwd=b3EveTJTUIFuR3hJTXlVMkxCeGtPZz09</a>	
<b>Thursday, November 30<sup>th</sup> @ 12-2pm</b>	IDHW-Family First Act Training	Presented by Maggie Morrison Child Welfare Chief and Harmony Nelson. Join us for a valuable training session on the topic of the Family First Act and practices/procedures of the Idaho Department of Health & Welfare. We will learn about the new strategies implemented and an opportunity for a Q&A after the training.	<b>CDA CASA Office or Zoom</b>  <a href="https://us02web.zoom.us/j/84078853669?pwd=OHYrMXVpSnBRL2xFS2wzVTEzK2pxZz09">https://us02web.zoom.us/j/84078853669?pwd=OHYrMXVpSnBRL2xFS2wzVTEzK2pxZz09</a>	

